

# RESOURCE GUIDE

## *Empower One*



THE  
BREAST  
CANCER  
SOCIETY  
INC.



PROVIDING HELP

GIVING HOPE

IMPROVING SURVIVAL

# Survivorship and Support

## **Pink Link**

(310)995-5204

*www.pink-link.org*

An online database that creates an intimate link between cancer patients and survivors.

## **Mothers Supporting Daughters with Breast Cancer**

(410)778-1982

*www.mothersdaughters.org*

Aims to help mothers support their daughters during their fight of cancer.

## **Planet Cancer**

(512)452-9010

*www.planetcancer.org*

Provides a unique voice for young adults who have been affected by cancer.

## **Look Good Feel Better**

1(800)395-LOOK

*www.lookgoodfeelbetter.org*

Free, non medical public service program to help women.

## **Gilda's Club Worldwide**

*www.gildasclub.org*

Free cancer support groups worldwide.

## **Cancer Care Inc.**

1(800)813-4673

*www.cancercare.org*

National non profit organization.

## Survivorship and Support

### **Amazon Heart**

(408)916-1122

[www.amazonheart.com](http://www.amazonheart.com)

Peer support opportunity for under served groups of cancer survivors.

### **Caring Bridge**

(651)789-2300

[www.caringbridge.org](http://www.caringbridge.org)

Free personalized websites to tell your story in a private journal and post photos, share comments.

### **Y-Me National Breast Cancer Organization**

1(800)221-2141

[www.y-me.org](http://www.y-me.org)

Online Support Community for breast cancer patients.

### **Live Strong Survivor Care**

1(866)650-9127

[www.livestrong.org](http://www.livestrong.org)

Helps anyone affected by cancer. Helps you understand your options, what to expect and what questions to ask.

### **Cancer Hope Network**

1(877)467-3638

[www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)

Provides free and confidential one on one support to cancer patients and their families.

“Women are never stronger than when they arm themselves with their weaknesses.”

~Marie de Vichy-Chamrond

# Survivorship and Support

## **The Wellness Community**

1(888)793-9355

[www.thewellnesscommunity.org](http://www.thewellnesscommunity.org)

Streamlines information about breast reconstruction and provides useful tools to help women speak openly with their physicians about whether reconstruction surgery is right for them.

## **National Coalition for Cancer Survivorship**

1(866)650-9127

[www.canceradvocacy.org](http://www.canceradvocacy.org)

Advocates for quality cancer care for all Americans and empowering cancer survivors.

## **The Samfund for Young Adult Survivors of Cancer**

[www.thesamfund.org](http://www.thesamfund.org)

Provides various grants and scholarships to young adult survivors.



## General and Financial Assistance

### **American Cancer Society**

1(800)ACS-2345

[www.cancer.org](http://www.cancer.org)

Provides information and referrals for many patient support services including transportation programs, medical insurance, and financial assistance resources.

### **Avon Cares Program**

(212)712-8080

[www.cancercare.org](http://www.cancercare.org)

Provides financial assistance and support to low income women throughout the country.

### **The First Mile Foundation**

[www.thefirstmile.org](http://www.thefirstmile.org)

Provides financial support to help alleviate the added stresses associated with cancer.

### **Sensational in Survival**

(585)586-5680

[www.sensationalinsurvival.org](http://www.sensationalinsurvival.org)

Provides financial assistance in the form of grants during treatment.

### **Modest Needs**

(212)463-7042

[www.modestneeds.org](http://www.modestneeds.org)

Helps with emergency expenses families could not have anticipated to prepare for.

### **Patient Access Network Foundation**

1(866)316-7263

[www.patientaccessnetwork.org](http://www.patientaccessnetwork.org)

Assists insured patients who cant afford the out of pocket expenses associated with cancer treatment.

## General and Financial Assistance

### **Fairness Foundation Inc.**

1(800)742-3441

[www.fairnessfoundation.org](http://www.fairnessfoundation.org)

Helps the uninsured navigate hospital prices.

### **The Cancer Project**

(202)244-5038

[www.cancerproject.org](http://www.cancerproject.org)

Helps educate on the benefits of a healthy diet for cancer prevention and survival.

### **Kristy Lasch Miracle Foundation**

(412)872-4125

[www.kristylasch.org](http://www.kristylasch.org)

Provides financial assistance to women under 30.

### **Life Beyond Cancer Foundation**

[www.lifebeyondcancer.org](http://www.lifebeyondcancer.org)

Offers emergency funds for everyday living expenses.

### **The Breast Cancer Society, Inc.**

1(888)470-7909

[www.thebreastcancersociety.org](http://www.thebreastcancersociety.org)

Assists patients who are currently in active treatment with in home care, online support community, The Hope Supply Program and financial assistance.

### **Chronic Disease Fund**

1(877)968-7233

[www.cdfund.org](http://www.cdfund.org)

Provides financial assistance to under insured patients diagnosed with chronic or life altering disease that requires the use of specialty therapeutics.

## General and Financial Assistance

### **Kommah Seray Inflammatory Breast Cancer Foundation**

(909)247-0051

[www.ksibcf.org](http://www.ksibcf.org)

Provides assistance and support for patients battling with or recovering from IBC and other forms of cancer.

### **Susan G. Komen for The Cure**

1(877)GO-KOMEN

[www.cms.komen.org](http://www.cms.komen.org)

Resource for all things relating to breast cancer.

### **The First Mile Foundation**

[www.thefirstmile.org/charities.html](http://www.thefirstmile.org/charities.html)

Provides financial support.

### **Brenda Mehling Cancer Fund**

(661)310-7940

[www.bmcf.net](http://www.bmcf.net)

Provides home health care service copayments for medical care, temporary housing, and other expenses for those temporarily unable to pay bills like rent, insurance, and food.

### **Cancer Care**

1(800)813-HOPE

[www.cancercare.org](http://www.cancercare.org)

A variety of financial assistance programs, call for eligibility requirements.

### **Netwish**

[www.netwish.org](http://www.netwish.org)

Provides assistance up to \$500 for those who are able to demonstrate a financial need.

## General and Financial Assistance

### **Friends of Man**

(303)798-2342

[www.friendsofman.org](http://www.friendsofman.org)

Provides assistance with prostheses, wheelchairs, medical equipment, mobility equipment, and orthopedic shoes.

### **Cancer Fund of America**

1(800)578-5284

[www.cfoa.org](http://www.cfoa.org)

Provides supplies for all cancer patients and their families.

### **Patient Advocate Foundation**

1(800)532-5274

[www.patientadvocate.org](http://www.patientadvocate.org)

Web site offers a state by state directory of information for patients seeking financial relief for a broad range of needs including, housing, utilities, food, transportation, and children's resources.

### **The Pink Fund**

(248)505-5222

[www.thepinkfund.org](http://www.thepinkfund.org)

Provides short term financial aid to women and men in treatment or recovery from breast cancer.



## General and Financial Assistance

### **Breast Cancer Legal Advocacy Initiative**

(312)988-5715

[www.abanet.org](http://www.abanet.org)

Provides listings of organizations that provide pro bono legal services.

### **Law Help**

[www.lawhelp.org](http://www.lawhelp.org)

Helps low to moderate income people find free legal aid programs.

### **Family and Medical Leave Act (FMLA)**

1(866)487-9243

[www.dol.gov/dol/topic/benefits-leave/fmla.html](http://www.dol.gov/dol/topic/benefits-leave/fmla.html)

Department of Labor provides an overview of FMLA.

### **National Partnership for Women and Families**

(202)986-2600

[www.nationalpartnership.org](http://www.nationalpartnership.org)

We promote fairness in the workplace, reproductive health and rights, access to quality affordable health care, and policies that help women and men meet the dual demands of work and family.

### **Cancer Legal Resource Center**

(213)736-1455

[www.cancerlegalresourcecenter.org](http://www.cancerlegalresourcecenter.org)

The CLRC provides free information and resources on cancer-related legal issues.

### **Survivorship A-Z**

[www.survivorshipatoz.org](http://www.survivorshipatoz.org)

Web based resource providing practical, legal and financial information

## Transportation and Lodging

### **Patient Travel**

*www.patienttravel.org*

Assistance for any patients seeking financial relief for a broad range of needs including housing and transportation, to medical treatment and or resources.

### **Road To Recovery**

1(800)ACS2345

*www.cancer.org*

Provides transportation for cancer patients to their treatments.

### **National Association of Hospitality House**

1(800)542-9730

*www.nahhh.org*

Provides family centered lodging and support services.

### **Pilots For Christ International**

(540)439-0940

*www.pilotsforchrist.com*

Provides free air transportation to people or groups in need.

### **Corporate Angel Network**

1(866)328-1313

*www.corpangelnetwork.org*

Arranges free air transportation for cancer patients.

### **Patient Travel**

1(800)926-1217

*www.patienttravel.org*

Provides referrals to patients needing to travel.

## Transportation and Lodging

### **Mercy Medical Airlift**

1(888)675-1405

*www.mercymedical.org*

Dedicated to serving people in situations of compelling need through the provision of charitable air transportation.

**“Spread love everywhere you  
go. Let no one ever come to  
you without leaving  
happier.”**

**Mother Teresa**

## Medical and Cosmetic Equipment

### **My Hope Chest**

(727)642-4243

*www.myhopechest.org*

Helps uninsured and underinsured women with breast reconstruction.

### **Rehab Mart**

1(800)827-8283

*www.rehabmart.com*

Offers numerous rehabilitation and medical products to make life easier.

### **Used Wheelchairs**

1(800)786-8231

*www.usedwheelchairs.com*

Offers wheelchairs and bathroom equipment.

### **Shop Well With You**

1(800)799-6790

*www.shopwellwithyou.org*

A website that offers clothing tips. Provides a directory of cancer specific products such as swimsuits and head coverings.

### **Post Mastectomy Products**

*www.ladiesfirst.com*

Offers unique post mastectomy products.

### **Prosthesis Program**

*www.nordstrom.com*

Assists with special needs of women dealing with cancer or breast surgery.

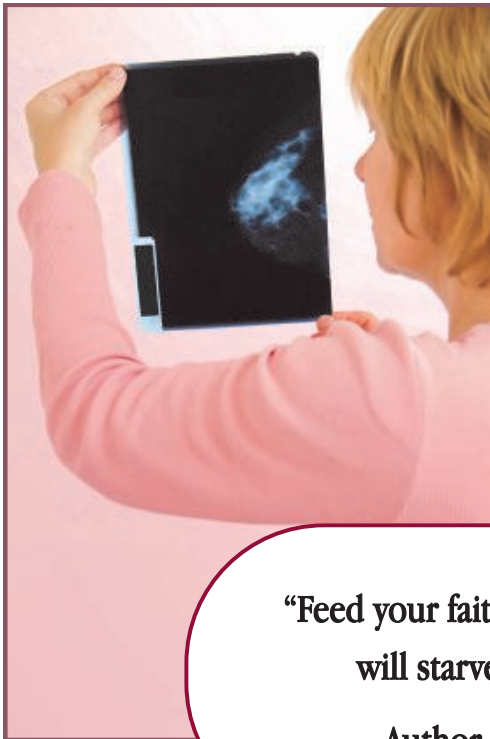
## Medical and Cosmetic Equipment

### Friends of Man

(303)798-2342

*[www.friendsofman.org](http://www.friendsofman.org)*

Provides assistance with prosthesis, wheelchairs, medical equipment, and mobility equipment.



**“Feed your faith and your fears  
will starve to death.”**

**-Author Unknown**

# Food Programs

## Feeding America

[www.feedingamerica.org](http://www.feedingamerica.org)

Provides food assistance in all 50 states.

## Meal Call

(704)907-6196

[www.mealcall.org](http://www.mealcall.org)

Information for food programs options.

## Meals On Wheels

1(800)677-1116

Dedicated to delivering meals to those who are home bound.

Some programs require a small donation.

## Angel Food Ministries

[www.angelfoodministries.com](http://www.angelfoodministries.com)

There are no qualifications, minimums, income restrictions, or applications. Orders and distribution are handled by church host sites. Orders are collected by the host sites during the first part of each month.



## Prescription Drugs/Co-Payments

### **Cancer Care Copayment Assistance Foundation**

1(866)552-6729

[www.cancercarecopay.org](http://www.cancercarecopay.org)

Helps individuals who can't afford their insurance copayments to cover cost of medications for treating cancer.

### **Patient Access Network Foundation**

1(866)316-7263

[www.patientaccessnetwork.org](http://www.patientaccessnetwork.org)

Provides copayment assistance to patients that have insurance but lack the means for out of pocket costs for medication.

### **The Partnership for Prescription Assistance**

1(888)477-2669

[www.pparx.org](http://www.pparx.org)

Offers a single point of access to more than 475 public, state, and private assistance programs offered by Pharmaceutical Companies.

### **Merck**

1(800)506-3725

Prescription Discount Program.

### **Patient Advocate Foundation**

1(866)512-3861

[www.copays.org](http://www.copays.org)

Co-pay relief program that offers co-payment assistance to patients that have insurance.

[www.needymeds.com](http://www.needymeds.com)

[www.rxassist.org](http://www.rxassist.org)

Both give information on how to obtain free or discounted medication.

# Pain Management

## **American Pain Foundation**

1(888)615-PAIN

[www.painfoundation.org](http://www.painfoundation.org)

## **Cancer Pain - Treatment Guidelines for Patients**

(215)690-0300

[www.nccn.org](http://www.nccn.org)

## **Center to Advance Palliative Care**

(212)201-2670

[www.capc.org](http://www.capc.org)

[www.getpalliativecare.org](http://www.getpalliativecare.org)

## **Controlling Cancer Pain - A Video for Patients and Families**

1(800)4-CANCER

[www.cancer.gov](http://www.cancer.gov)

## **Pain Control: Support for People with Cancer**

1(800)4-CANCER

[www.cancer.gov](http://www.cancer.gov)

## **Cancer Nausea**

[www.cancernausea.com](http://www.cancernausea.com)



## Treatment Options and Programs

### **Breast Cancer Now**

1(800)813-HOPE

[www.cancercare.org](http://www.cancercare.org)

### **Your Guide to the Breast Cancer Pathology Report**

[www.breastcancer.org/pathology\\_intro.html](http://www.breastcancer.org/pathology_intro.html)

### **Guide to Breast Cancer**

1(888)651-3038

[www.cancer.net](http://www.cancer.net)

### **HER2 Support**

6973 Mimosa Drive

Carlsbad, CA 92011

(760)602-9178

[advocacy@HER2Support.org](mailto:advocacy@HER2Support.org)

[www.her2support.org](http://www.her2support.org)

### **Triple Negative Breast Cancer Foundation**

P.O. Box 204

Norwood, NJ 07648

(646)942-0242

[info@tnbcfoundation.org](mailto:info@tnbcfoundation.org)

[www.tnbcfoundation.org](http://www.tnbcfoundation.org)

### **Inflammatory Breast Cancer Research Foundation**

321 High School Rd NE Ste. D3, PMB 149

Bainbridge Island, WA 98110

1(877)STOP-IBC

[info@ibcresearch.org](mailto:info@ibcresearch.org)

[www.ibcresearch.org](http://www.ibcresearch.org)

## Online Resource and Information

### **Cover The Uninsured**

(202)572-2928

[www.covertheuninsured.org](http://www.covertheuninsured.org)

Website containing insurance and medical coverage resources facts and ways to get involved.

### **Financial Resources for People with Cancer**

[www.cancer.gov](http://www.cancer.gov)

Listings of agencies, organizations, and programs that provide assistance to cancer patients.

### **Access Project**

[www.accessproject.org](http://www.accessproject.org)

A resource center for communities working to improve health and health care access.

### **Association of Cancer Online Resources**

[www.acor.org](http://www.acor.org)

A resource for online networking groups.

### **Cancer Care**

[www.cancercare.org](http://www.cancercare.org)

A resource for financial assistance and education workshops that are general or cancer specific.

### **Cancer Education**

[www.cancereducation.com](http://www.cancereducation.com)

You must register to use this site but it does provide access to valuable tools and information.

“As your faith is strengthened you will find that there is no longer the need to have a sense of control, that things will flow as they will, and that you will flow with them, to your great delight and benefit.”

-Emmanuel

## Online Resource and Information

### **Cover The Uninsured**

(202)572-2928

[www.covertheuninsured.org](http://www.covertheuninsured.org)

Website containing insurance and medical coverage resources facts and ways to get involved.

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[www.cancer.gov](http://www.cancer.gov)

Listings of agencies, organizations, and programs that provide assistance to cancer patients.

### **Access Project**

[www.accessproject.org](http://www.accessproject.org)

A resource center for communities working to improve health and health care access.

### **Association of Cancer Online Resources**

[www.acor.org](http://www.acor.org)

A resource for online networking groups.

### **Cancer Care**

[www.cancercares.org](http://www.cancercares.org)

A resource for financial assistance and education workshops that are general or cancer specific.

### **Cancer Education**

[www.cancereducation.com](http://www.cancereducation.com)

You must register to use this site but it does provide access to valuable tools and information.

## Online Resource and Information

### **Cancer News on the Net**

*www.cancernews.com*

A great resource for current news regarding cancer and treatment options.

### **Breast Cancer Options**

*www.breastcanceroptions.org*

Support, advocacy, education and information.

### **Kids Cope**

*www.kidscope.org*

Helps children and families understand effects of cancer treatments on loved ones. Provides suggestions for coping.

### **BCMETS**

*www.bcmets.org*

The largest online community of people living with advanced breast cancer, their families and friends.

### **National Center for Complementary and Alternative Medicine**

*www.nccam.nih.gov*

Information on complementary and alternative medicine

### **Sisters Network Inc.**

*www.sistersnetworkinc.org*

A national African American breast cancer survivorship organization.



## State Specific Cancer Resources

### Arizona-

#### **Bosom Buddies**

*www.bosombuddies-az.org*

#### **Hope Lodge**

(602)586-7403

### Alabama-

#### **Women to Women Support Group**

(205)543-8896

#### **Hope Lodge**

(205)558-7860

### Alaska-

#### **Anchorage Women's Support Group**

(205)261-3607

#### **Alaska Breast Cancer Advocacy**

*www.abcap.alaska.com*

### Arkansas-

#### **Phillips Cancer Support House**

(501)782-6302

#### **Carty Cancer Answers**

(501)664-8573

### California-

#### **Beyond Breast Cancer Support Group**

(916)892-6888

#### **Breast Cancer Networking Group**

(818)796-1083

### Colorado-

#### **Rose Breast Cancer Center**

(303)320-7142

#### **Colorado Breast Cancer Resource Directory**

*www.breastcancercolorado.org*

### Connecticut-

#### **Cancer Care Inc.**

(203)854-9911

#### **Building Bridges**

(203)325-7447

## State Specific Cancer Resources

### Delaware-

#### **Looking Ahead Support Group**

(303)421-4161

#### **Delaware Breast Cancer Coalition**

*www.debreastcancer.org*

### Florida-

#### **American Cancer Society Hope Lodge**

(352)338-0601

(813)490-4700

### Georgia-

#### **Georgia Breast Cancer Coalition**

*www.georgiacancer.org*

#### **Hope Lodge**

(404)327-9200

### Hawaii-

#### **Women's of Spirit**

(808)537-7555

#### **Faith Hope Courage Resources and Support**

*www.faithhopecourage.com*

### Idaho-

#### **Angel Care Breast Cancer Foundation**

(206)417-3484

*www.angelcarefoundation.org*

#### **Breast Friends**

*www.breastfriends.org*

### Iowa-

#### **Hope Lodge**

(319)248-5400

#### **After Breast Cancer Support Group**

(712)279-2989

## State Specific Cancer Resources

### Illinois-

#### **Moving Towards Recovery Support Group**

(312)205-2017

#### **Y-Me Illinois**

*www.y-me.org*

### Indiana-

#### **Women's Cancer Support Group**

(219)824-6493

#### **Y-Me Indiana**

*www.y-me.org*

### Kansas-

#### **Victory the Valley Support Group**

(316)262-7559

#### **Kansas City Breast Center**

*www.shawneemission.org*

### Kentucky-

#### **The Wellness Community**

*www.cancersupport.org*

#### **Hope Lodge**

(859)260-8303

### Louisiana-

#### **Breast Cancer Support Group**

(504)897-4223

### Massachusetts-

#### **Hope Lodge**

(508)792-2985

#### **Strength For Tomorrow Support Group**

(508)748-0561

### Michigan-

#### **Hope Lodge**

(616)551-4000

#### **Just For Us Support Group**

(616)347-8443

## State Specific Cancer Resources

### Maryland-

#### **Arm In Arm Support Group**

(410)494-0083

#### **Women Supporting Women**

*www.womensupportingwomen.org*

(410)641-2849

### Minnesota-

#### **Hope Lodge**

(612)238-7603

### Mississippi-

#### **The Positive Ones Support Group**

(800)948-6262

#### **Breast Cancer Foundation of the Ozark's**

*www.bcfo.org*

(417)862-3838

### Missouri-

#### **Cancer Hotline**

(816)932-8453

#### **Reach Together Support Group**

(417)886-LADY

### Montana-

#### **Hope Lodge**

(816)842-6427

#### **Bosom Buddies**

(406)482-2423

### New Hampshire-

#### **Concord Breast Cancer Support Group**

(603)224-2051

#### **Bosom Buddies**

(785)842-5250

### New Jersey-

#### **After Breast Cancer Support Group**

(201)487-2224

#### **Breast Cancer Support Group**

(908)782-6112

## State Specific Cancer Resources

### New York-

#### **Hope Lodge**

(716)882-9244

(212)492-8400

(585)288-1951

### North Carolina-

#### **Hope Lodge**

(252)695-6143

#### **Triangle Breast Cancer Support Group**

(919)881-9754

### North Dakota-

#### **Breast Friends Support Group**

(701)640-6282

#### **Pink Ribbons Support Group**

*www.minotpinkribbons.com*

### Ohio-

#### **Hope Lodge**

(513)618-5585

(216)844-4673

#### **Wellness Community**

(513)791-4060

### Oklahoma-

#### **Norman Regional Support Group**

(405)307-2620

#### **Network of Strength**

(918)557-5640

### Oregon-

#### **Breast Cancer Support and Education Center**

(503)692-2113

## State Specific Cancer Resources

### Pennsylvania-

**Hope Lodge**

(717)533-5111

**Breast Cancer Coalition**

[www.breastcancer.org](http://www.breastcancer.org)

**The Breast Cancer Society , Inc.**

[www.breastcancersociety.org](http://www.breastcancersociety.org)

(888)470-7909

### Rhode Island-

**Breast Cancer Coalition**

(800)216-1040

**Breast Cancer Support Group**

(401)453-7540

### South Carolina-

**Hope Lodge**

(843)958-0930

**Breast Cancer Self Help Group**

(803)641-5000

### South Dakota-

**After Breast Cancer Survivors Group**

(605)333-5244

**Fighting Breast Cancer Support Group**

[www.facingourrisk.org](http://www.facingourrisk.org)

### Tennessee-

**Hope Lodge**

(615)342-0840

**American Cancer Society**

(615)327-0991

### Texas-

**Breast Cancer Resources**

(512)544-0904

**Keep A Breast Cancer Foundation**

(210)365-1321

## State Specific Cancer Resources

### Utah-

#### **Breast Cancer Wellness House**

*www.cancerwellness.org*

#### **Friends By Chance Sisters By Choice**

*www.youngsurvivorsisters.blogspot.com*

### Vermont-

#### **Breast Cancer Support Group**

(802)447-4848

#### **Dragon Heart**

*www.dragonheartvermont.org*

(802)434-4423

### Virginia-

#### **Early Stage Breast Cancer Support Group**

(703)558-5555

#### **Breast Cancer Advocacy**

*www.vbcf.org*

### Washington-

#### **Breast Cancer Support Group**

*www.overlakehospital.org*

(425)688-5986

#### **Bosom Buddies**

(425)899-2265

### Wisconsin-

#### **Y-Me After Reach**

(715)839-4387

#### **Before and After Breast Cancer Support Group**

(262)741-2344

### Wyoming-

#### **Cheyenne Breast Cancer Support Group**

(307)633-7823

#### **Faces of Hope**

(307)362-8149



## Mission Statement

The guiding mission of The Breast Cancer Society, Inc. (TBCS) is to provide relief to those who suffer from the effects of breast cancer now, as well as to work cooperatively with and give support to other personnel, individuals and organizations that share in the goal of helping cancer patients, the critically ill, and the impoverished. This is done through such means as education, direct assistance, financial aid, and the providing of supplies and care-giving products, and referral services. Additionally, TBCS assist in the eradication of breast cancer through education and the support of breast cancer research.



## The Breast Cancer Society, Inc.

Headquarters

6859 E. Rembrandt Ave. Ste 128

Mesa, AZ 85212

Phone: 888.470.7909

Fax: 480.659.9807

Public Email: [info@breastcancersociety.org](mailto:info@breastcancersociety.org)

Patient Email: [support@breastcancersociety.org](mailto:support@breastcancersociety.org)

Website: [www.breastcancersociety.org](http://www.breastcancersociety.org)

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